ACCADEMIA NAZIONALE DI DANZA

PREMIO ROMA DANZA 2026
INTERNATIONAL CHOREOGRAPHY AND VIDEODANCE COMPETITION
XXIV EDITION

10-15 July, 2026
Accademia Nazionale di Danza
Teatro Grande
Teatro Ruskaja
Live streaming of the Gala on the official pages of the Accademia Nazionale di Danza

RULES AND REGULATIONS

Article 1
PREMIO ROMA DANZA 2026 – XXIV EDITION
INTERNATIONAL DANCE CHOREOGRAPHY AND VIDEODANCE COMPETITION

The *Premio Roma Danza - International Choreography and Videodance Competition* is organised by the Accademia Nazionale di Danza and is dedicated to two different types of choreographic composition: the first intended for live direct access, the second centred upon the relationship between dance and digital technologies.

Article 2
OBJECTIVES

The *Premio Roma Danza* aims to support dance performers, creators, directors and videomakers, offering to them visibility, promoting their artistic and research activities, and encouraging the creation of networks of collaboration, beginning with the Accademia Nazionale di Danza.

Article 3
REQUIREMENTS

The Choreography section of the *Premio Roma Danza* is open to candidates who have reached 18 years of age on or before the date of registration.
The Videodance section of the Premio Roma Danza is open to candidates aged between 16 and 30, in accordance with the requisites described in Articles 8 and 9 of the present Rules and Regulations; the minimum age must attained on or before the date of registration.

Article 4
SECTIONS AND CATEGORIES

The *Premio Roma Danza 2026 - XXIV Edition* is structured in two Sections:
• Choreography
• Videodance

The Choreography Section is divided into two Categories:
• Solo

• Groups Dance (minimum of 2 participants)

The Videodance Section is divided into two Categories:
• Dance Movie
• SmARTphone Dance

Winners of previous editions of the Premio Roma Danza may compete in the XXIV edition of the Competition, however only in a category different from that in which they obtained the recognition.

Article 5
CHOREOGRAPHY SECTION – REQUIREMENTS

A fundamental requirement is that the work entered in the competition must be entirely original, and candidates must be the authors of the work.
The work may be expressed through any form of artistic language or style. It must be accompanied by a brief description, for the exclusive use of the Jury and the Artistic Committee, of no more than 500 characters, in both Italian and English. The maximum duration for choreography in the Solo category is 3 minutes; for choreography in the Group category, it is 6 minutes.
Any choreography exceeding the specified duration will be eliminated.

Article 6
CHOREOGRAPHY SECTION - PHASES OF THE COMPETITION

The *Premio Roma Danza 2026* – Choreography Section is structured in four phases.

Preselection:
In this phase, the Artistic Committee will conduct a preselection on the basis of video material submitted by the candidates. The deadline for submissions is **1 June, 2026**. The list of selected works that have progressed to the next stage will be published on **16 June 2026** on the official websites of the Accademia Nazionale di Danza:
https://www.accademianazionaledanza.it/premio-roma-danza-2026/
https://www.premioromadanza.com/
After the publication of the list, the candidates selected for the Semi-final will be divided into two groups and called by e-mail for registration and rehearsals at the National Academy of Dance on 10 and 11 July 2026.

Semi-finals:
This phase involves a live performance at the Accademia Nazionale di Danza's outdoor Teatro Grande in the presence of the Jury, which selects the works that go through to the Finals.

Finals:
This phase involves a live performance at the Accademia Nazionale di Danza's outdoor Teatro Grande in the presence of the Jury, which decides the winning works of the Competition.

Announcement of the Winning Choreographies and Award Ceremony – Gala Evening
This phase involves the performance and award ceremony for the winning choreographies of the competition during the Gala Evening.

Article 7
CHOREOGRAPHY SECTION - PROGRAMME

Friday, 10 July, 2026
Registration of the first group of semi-finalist participants in the Solo and Groups categories at the *Premio Roma Danza 2026* secretary, located at the Accademia Nazionale di Danza, Largo Arrigo VII, no. 5, Rome, according to the modality and timing that will be indicated by the organization by e-mail.
The planning and organising of rehearsals in the Accademia's dance studios and at the Teatro Grande will proceed only after registration is completed. Thanks to the use of 3D programming, it is possible to memorise light cues in advance (maximum 7).
Competitors are required to respect the duration of rehearsals, as indicated by the Organisation.

Saturday, 11 July, 2026
Registration of the second group of semi-finalist participants in the Solo and Groups categories at the *Premio Roma Danza 2026* secretary, located at the Accademia Nazionale di Danza, Largo Arrigo VII, no. 5, Rome, according to the modality and timing that will be indicated by the organization by e-mail.
The planning and organising of rehearsals in the Accademia's dance studios and at the Teatro Grande will proceed only after registration is completed. Thanks to the use of 3D programming, it is possible to memorise light cues in advance (maximum 7).
Competitors are required to respect the duration of rehearsals, as indicated by the Organisation.

Sunday, 12 July, 2026
Semi-finals - Teatro Grande

Monday, 13 July, 2026
Finals - Teatro Grande

Tuesday, 14 July, 2026
Publication of the list of winning works
Rehearsals for the Gala Evening

Wednesday, 15 July, 2026
Gala Evening with the awarding of the winning works - Teatro Grande

The programme is subject to change.

Article 8
VIDEODANCE SECTION - REQUIREMENTS

Dance Movie:
A fundamental requirement is the absolute originality of the work submitted in competition, of which the candidate must be the author. The work may be expressed through any type of language

or style. Submissions must be accompanied by a short presentation, written in Italian and English, and of a maximum of 500 characters, for the exclusive use of the Jury and the Artistic Committee. The maximum duration of the choreography is 10 minutes, excluding titles.
Any choreographic work that exceeds the indicated duration will be eliminated.

SmARTphone Dance:
A fundamental requirement is the absolute originality of the work submitted in competition, of which the candidate must be the author. The work must necessarily be created and elaborated through video editing applications for smartphones. The work may be expressed through any type of language or style. Submissions must be accompanied by a short presentation, written in Italian and English, and of a maximum of 500 characters, for the exclusive use of the Jury and the Artistic Committee. The maximum duration allowed is 1 minute and 30 seconds, excluding titles.
Any choreographic work that exceeds the indicated duration will be eliminated.

Article 9
VIDEODANCE SECTION - PHASES OF THE COMPETITION

The *Premio Roma Danza 2026* - Videodance Section, Dance Movie and SmARTphone Dance categories, is structured in four phases.

Preselection:
In this phase, the Jury of Premio Roma Danza 2026 will conduct a preselection on the basis of video material sent by the candidates. The deadline for submissions is **1 June, 2026**.
The list of works selected to proceed to the next phase will be published on **16 June, 2026** on the institutional websites of the Accademia Nazionale di Danza:
https://www.accademianazionaledanza.it/premio-roma- danza-2026/
https://www.premioromadanza.com/

Semi-finals:
This phase involves a screening of the works in the Teatro Ruskaya at the Accademia Nazionale di Danza in the presence of the Jury, which selects the works that go through to the Finals.

Finals:
This phase involves a screening of the works in the Teatro Ruskaja at the Accademia Nazionale di Danza, in the presence of the Jury, which decides the winning works of the Competition.

Announcement of the Winners and Award Ceremony – Gala
Award Ceremony for the winning works of the Competition during the Gala Evening.

The Finals of the Videodance Section, which will take place at the Teatro Ruskaya at the *Accademia Nazionale di Danza*, are open to the public, subject to seat availability (maximum 90 seats) and prior reservation at: welcomeoffice@accademianazionaledanza.it.

Article 10
VIDEODANCE SECTION - PROGRAMME

Sunday, 12 July, 2026
Semi-finals - Dance Movie and SmARTphone Dance Categories - Teatro Ruskaya

Monday, 13 July, 2026
Finals - Dance Movie and SmARTphone Dance Categories - Teatro Ruskaya
Publication of the list of winning works

Tuesday, 14 July, 2026
Announcement of the Winner of the *Roma Capitale Prize*

Wednesday, 15 July, 2026
Gala Evening with Award Ceremony for the winning works – Teatro Grande
The programme is subject to change.

Article 11
PRIZES

The prizes of the Choreography and Videodance sections of the *Premio Roma Danza 2026* are financed by http://cuomo.foundation/fr/, which has been supporting the *Premio Roma* since 2019. The *Premio Roma Danza* juries, in their incontrovertible judgments, will assign the following prizes:

CHOREOGRAPHY SECTION

Solo Category
1st Prize:
A paid artist-in-residence programme, aimed at the creation of a choreographic work, worth €3.500,00*
2nd Prize: €2.000,00
3rd Prize: €1.500,00

Groups Category
1st Prize:
A paid artist-in-residence programme, aimed at the creation of a choreographic work, worth €3.500,00*
2nd Prize: €2.000,00
3rd Prize: €1.500,00

* The winners of the two first prizes in the Solo and Groups categories (paid artist residencies), will enter into an agreement with the Cuomo Fondation, which will establish the modalities for the activation/accompaniment of the paid artist-in residence programme.

VIDEODANCE SECTION

Dance Movie Category €1,500.00

SmARTphone Dance Category €700.00

Please note that, in case of co-authorship, prizes will be shared between the authors.

Article 12
ADDITIONAL PRIZES

Alfredo Cuomo Prize
The Alfredo Cuomo Prize consists of two artist residencies, each worth €1,500. These two prizes are reserved for deserving students of the National Academy of Dance who have qualified to take part in the final of the competition. Please note that, in the event of joint authorship, the prize will be shared between the authors.

The Roma Capitale Video Dance Prize:
The *Roma Capitale Video Dance Prize* seeks to stimulate the production of works that, through videographic language, speak to the particularities, as well as to the complexities, of the territories of Rome. The prize is offered thanks to the additional support of the Cuomo Fondation and consists of a cash prize of € 800.00. The Rules and Regulations for this specific part of the Competition will be available on the websites of the Accademia Nazionale di Danza:
https://www.accademianazionaledanza.it/premio-roma- danza-2026/
https://www.premioromadanza.com/
The Prize will be assigned by the President of the Videodance Section of *Premio Roma Danza 2026,* a representative from the Council of Roma Capitale, and a representative from the Cuomo Foundation.

DNAnd Choreography Prize
The Classical Ballet Department of the Accademia Nazionale di Danza may, if it deems it appropriate, award the DNAnd Prize. The prize consists of the allocation of one of the residency periods under the DNAnd project, aimed at staging a performance with students from the First-Level Academic Diploma Course, and is geared towards new trends in the neoclassical and contemporary dance scene. This project is remunerated and may be carried out during the 2026/2027 academic year; the choreography will be staged in one of the performance spaces of the National Academy of Dance.

Resid'AND Choreography Prize
This Prize consists of the assignment of one of the residency periods as foreseen within the project Resid'AND, organised by the Contemporary Dance Department and intended to create dialogue between the Accademia Nazionale di Danza and the independent choreography scene, through the selection of the most interesting proposal of the Competition.

Prize of the Accademia Nazionale di Danza Foundation
In 2021, the Foundation of the Accademia Nazionale di Danza (FAND) established the Special Prize "Jia Ruskaya", with the aim being the promotion and renewal of generational change in dance, in line with Art. 2 of its statute.
This prize is reserved for students of the Accademia Nazionale di Danza who qualify for the Semi-finals. At the sole discretion of the FAND, two or three prizes of €1,000.00 each may be awarded, as well as the opportunity to participate in events presented by the Foundation.

The Pierino Ambrosoli Foundation Prize
In the case that the Jury of the *Premio Roma Danza* grants prizes that include other artistic residencies or workshop periods, the Pierino Ambrosoli Foundation will lend its support to one candidate of particular value with one prize of €1000.00.

The Jury and Artistic Committee of the *Premio Roma Danza* reserve the right to assign additional prizes.

Article 13
ADJUDICATING BODIES

JURY
Two Juries will be appointed for the *Premio Roma Danza 2026* – XXIV edition - Choreography and Videodance, one for each of the two Sections of the competition.
The Juries are appointed by the Director of the Accademia Nazionale di Danza and are composed of figures of high artistic profile within the panorama of international dance, dance journalism, and choreographic and audio-visual production. The Director may consult the Artistic Committee for the choice of jury members.
The two Juries will operate separately on the basis of specified rules and regulations prepared by the Artistic Committee, which may define the working procedures.
As regards the Roma Capitale Videodance Prize, the Jury is composed of the President of the Videodance section of *Premio Roma Danza 2026,* a representative from the Council of Roma Capitale, and a representative from the Cuomo Foundation.
The decisions of the Juries are incontrovertible.

ARTISTIC COMMITTEE
The Artistic Committee, appointed by the Director of the Accademia Nazionale di Danza, will select the works of the Choreography Section that will proceed to the Semi-finals of the Competition. It is further tasked with following all the phases of the *Premio Roma Danza 2026*.

Article 14
TECHNICAL ASPECTS

Music submitted for the Performance Section must be reproduced on electronic support devices.
Candidates in the Choreography Section may necessarily have to adapt to the technical specifications of the open-stage Teatro Grande at the Accademia Nazionale di Danza, as per the

technical plan, which will be available on the official websites of the Accademia Nazionale di Danza:
https://www.accademianazionaledanza.it/premio-roma- danza-2026/
https://www.premioromadanza.com/
Each candidate is requested to send a clear technical description of their respective creation, together with a lighting plan, written in Italian or English. It is also possible for the candidates selected to rely upon their own lighting designer, subject to previous agreement with the Competition's Technical Director. The Stage Manager is responsible for managing the technical aspects of each performance, in conjunction with the Technical Director and Artistic Committee. Decisions taken by the Stage Manager and Technical Director are incontrovertible.
At the time of registration at the Accademia Nazionale di Danza on 10 and 11 July, 2026, competitors must present their music files (MP3 format only) on a USB flash drive, which must contain only the track to be used for the competing work. The name of the candidate and title of the choreographic work must be clearly written on each USB flash drive.
Musical tracks sent by e-mail or through website links will not be accepted.

Technical lighting rehearsals for the choreographers selected, as per Art. 7, will take place on the basis of working schedules prepared by the Artistic Committee, which will be provided to the candidates.
Technical stage rehearsals are managed by the Technical Director and may not exceed 30 minutes for any choreographic work.
Detailed working schedules will be communicated to the candidates at the time of registration. Competitors are obliged to strictly observe the scheduled order of presentation and timetables for studio and stage rehearsals. Failure to do so may result in expulsion from the Competition.
The Director, Artistic Committee and Technical Director reserve the right to modify the working schedule for reasons of *force majeure*.
In the case of television filming, technical modifications and lighting adaptations may be required for technical or production purposes.

Article 15
PARTICIPATION FEES

Choreography Section
Solos Category

- € 100.00 participation fee
- € 80.00 fee for affiliated dance high schools and ErasmusPlus partners
- € 70.00 fee for students of the Accademia Nazionale di Danza

Groups Category

- € 140.00 participation fee
- € 120.00 fee for affiliated dance high schools and ErasmusPlus partners
- € 100.00 fee for students of the Accademia Nazionale di Danza

Videodance Section
Dance Movie Category

- €20.00 one-off fee for all participants

smARTphone Dance Division

- €20.00 one-off fee for all participants

For Italian candidates in possession of SPID/CIE, payment must be made through PagoPa with deposit slip, which will be generated through the following link:
https://servizi1.isidata.net/GeneraIUV/Login.aspx
For EU and non-EU candidates, payment must be made through bank transfer using the following coordinates:
ACCOUNT HOLDER: ACCADEMIA NAZIONALE DI DANZA
BANK: BANCA INTESA SANPAOLO SPA - BRANCH NO.: 06828
ACCOUNT NUMBER: 1000 300119 - IBAN: IT15S0306905020100000300119
BIC/SWIFT CODE: BCITITMMXXX
DESCRIPTION: "REGISTRATION FEE PREMIO ROMA DANZA 2026 XXIV EDITION"

Section: Category:

Candidates may register to compete in one section or both, and in one or both of the categories, as well. In this case, the bank transfer may be cumulative, and the sections/categories must be specified in the payment description.
The receipt from the respective bank or internet banking confirming payment is considered proof of payment. Registration fees are in no case reimbursable.

Article 16
REGISTRATION AND DOCUMENTATION

In order to register, candidates have to download the documentation posted on the official websites of the Accademia Nazionale di Danza, fill in and then upload the required information on the websites:
https://www.accademianazionaledanza.it/premio-roma-danza-2026/
https://www.premioromadanza.com/
In the case of participation in more than one section or category, the candidate must present a separate registration form for each of these, inserting all the information requested on the online platform.
Do not conclude the online registration operation if any of the requested data is missing.
Competing videos must be uploaded exclusively onto the video hosting website: https://vimeo.com.
Candidates may create a personal account on the video-hosting website: https://vimeo.com (this is free of charge), then upload the video to their account and submit the video link, which must be included on the registration form. In the case of encrypted videos, please indicate the password.
Both the video link and the registration must arrive on or before **1 June 2026**.

All candidates are required to have a bank account, necessary for receiving any winner's proceeds, and the account number must be indicated at the time of registration. For candidates under the age of 18, the bank account number of the parent/s or legal guardian must be indicated at registration. When applying, candidates must enclose a short curriculum vitae and a presentation of their objectives and future plans.
For further information: premioroma@accademianazionaledanza.it

Article 17
RECEIPT OF REGISTRATION

The organisation will not take into consideration applications that have not been sent by the date indicated in the preceding Article 16 of the present Rules and Regulations.
In case of withdrawal from the competition, candidates are requested to communicate this as early as possible, using the competition e-mail address:
premioroma@accademianazionaledanza.it

Article 18
ACCOMODATION AND MEALS

All expenses incurred for travel, lodging and meals are on the charge of the participant.

Article 19
PERMISSIONS, WAIVERS AND AUTHOR'S RIGHTS

The candidate hereby declares the truthfulness of every act and/or declaration of legal or professional nature and assumes all civic and penal responsibility.
The competitor confirms to be in possession of all necessary rights connected to each item on the registration form, including those for musical accompaniment, archive video and other proprietary elements contained within, as well as the rights for images and other support material sent for promotional purposes.
The organisation declines any and all responsibility for eventual personal and/or material damage caused by competitors or non-competing performers, as well as for any injuries occurring to competitors or others. Competitors and non-competing performers are responsible for the stipulation and cost of their own insurance policies relative to rehearsals and performance. Please note that the insurance policy of the Accademia Nazionale di Danza covers only civil responsibility towards third parties for damages caused by structural anomalies of the Institute. Minors may only participate if in possession of the necessary permissions and subject to the conditions set forth in the relevant Italian laws in force, as specified in Art. 5 of the present Rules and Regulations.
Candidates agree to be available for unpaid interviews and other initiatives of informational, promotional and/or documentary nature.
The Accademia Nazionale di Danza reserves the right to use videos presented or parts therein for informational, promotional and/or documentary purposes.
The organisation assumes no responsibility in the case of problems of copyright associated with a work published on social media. If such is verified, the work will be withdrawn from the social network platforms used by the *Premio Roma Danza 2026.*

Article 20
PRIVACY

The organization undertakes to handle participants' personal information according to the Italian laws regarding image rights and the protection of personal data, in accordance with D.Lgs no. 196/2003 [the Italian law on the protection of personal data] and EU Regulation 2016/697, which relates to the protection of physical persons with reference to the handling of personal data.
The Accademia Nazionale di Danza declares that such handling will be marked by the principles of correctness, lawfulness, transparency, and the protection of privacy and of the rights of participants in the Competition. In accordance with Art. 13 of the indicated law, it is stated that the personal data furnished will be collected and handled in accordance with the legal norms, for use connected to the activities of the institution, in particular the fulfilment of all activities connected to the full realization of the various phases of the Competition that is the subject of these Rules and Regulations.

Article 21
ACCEPTANCE OF THE REGULATORY NORMS

The presentation of an application request to the Competition constitutes full acceptance of all the rules and regulations of the present announcement and obliges full compliance with the same.
The present document (Rules and Regulations) consists of eleven (11) pages.

Article 22
INCONTROVERTIBILITY, DISPUTES AND JURISDICTION

The procedures of the Artistic Committee and the judgments and decisions of the Juries are incontrovertible.
In case of dispute, the original Italian version of this document will be effective. Jurisdiction for any legal disputes resides with the Court of the city of Rome.

Director of the Accademia Nazionale di Danza
Prof. Anna Maria Galeotti

Premio Roma Danza 2025
XXIII Edition
International Competition Interpretation and Videodance
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